



Decision Free Zone

A Tool from the Sudden Money Institute®

As you tune in and select your impending transition, the first step is to identify the essential decisions that need immediate attention. The second step is to list the non-essential decisions and agree not to act on them until the completion of Phase One. The Decision Free Zone (DFZ) creates an environment that is free from emotion-based decisions and free from the influence of others. This is your time-out from making many important future decisions, such as investing, unconscious buying, and making commitments to others. Once you have created and committed to your DFZ, you generate the mental energy and freedom to proceed with a healthy financial transition.

What

Next Action

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This activity is adapted from the Financial Transition Process of Sudden Money Institute®. Visit www.suddenmoney.com for more comprehensive information and support.